



For this beginners sailing course no previous sailing experience is needed, but applicants must be able to swim 50 metres. It will normally use our single-handed Topper sailing dinghies, but we may also use our large Wayfarers or Laser Picos. Don't worry; you will be closely supervised by a safety boat in case you have any problems.

**Where:** At the West Yorkshire County Scouts Green Withens Watersports Centre.

**When:** Choose from the following course options:

[A] Sundays 19th and 26<sup>th</sup> May

[B] Sundays 15th and 16th September

We start at 9:00am and finish at 4:00pm each day.

**Cost:** £60.00 which includes the RYA logbook, certificate and a full day on the water.

**How to book:** Application forms are available to download at [www.greenwithens.org.uk](http://www.greenwithens.org.uk) Call 0330 094 8050 or e mail [bookings@greenwithens.org.uk](mailto:bookings@greenwithens.org.uk) for further enquiries.

### Essential information:

Participants should be able to swim 50m as per Scout rules. Everyone needs to bring a complete change of clothing and a towel. It is important to wear warm clothing for water activities, as it feels cooler on the water. Green Withens is situated high on the moors and is often colder than less exposed sites. Plenty of warm clothing and a waterproof jacket and over trousers or similar windproof outer garments and a woolly hat are necessary. Old trainers or similar soft footwear, with socks should be worn. Shorty wetsuits may be fine on the beach but are not usually suitable for Green Withens unless worn with other clothing. If it happens to be warm and sunny don't forget a sunhat and suntan lotion.

There is no drinking water on site, please bring your own drinks and snacks. The team leader at Green Withens must be informed of any relevant medical information or special needs.